



LOCATIONS



SOUTH COUNTY OFFICE (ADMINISTRATION)
9200 Watson Rd, G-101
St. Louis, MO 63126-1528
P: 314.544.3800 F: 314.843.0552

O'FALLON, MO OFFICE
311 South Main, Ste. 100
O'Fallon, MO 63366-2807
P: 636.281.1990 F: 636.281.1995

UNION OFFICE
102 E. Springfield, Ste. 202
Union, MO 63084-1818
P: 636.583.1800 F: 636.583.0836

FLORISSANT OFFICE
1385 Harkee Drive
Florissant, MO 63031-3434
P: 314.831.1533 F: 314.831.1391

WEST COUNTY OFFICE
498 Woods Mill Road
Manchester, MO 63011-4144
P: 636.391.9966 F: 636.394.4678

TROY, MO OFFICE
#140 Professional Pkwy
Troy, MO 63379-2823
P: 636.528.5911 F: 636.528.5912

BELLEVILLE NEIGHBORS OFFICE
10235 Ashbrook Drive
St. Louis, MO 63137
P: 314.831.1533 F: 314.831.1391

HERCULANEUM OFFICE
1349 McNutt Street
Herculaneum, MO 63048
P: 636.638.2203 F: 636.638.2206

SCHOOL PARTNERSHIP PROGRAM (SPP)
Chief Program Officer
9200 Watson Rd, G-101
St. Louis, MO 63126-1528
P: 314.748.5646 / sbarker@ccstl.org

HOURS OF OPERATION

Business Hours: 8:30 am - 5:00 pm M-F*

**Evening and/or weekend appointments are available at all of our office locations. Please ask about Saturday appointments when you call.*

#BreakDownStigma

Follow us on Social Media



SaintLouisCounseling.org

WE'RE HERE TO HELP, ANYTIME.

At St. Louis Counseling, our mission is guided by the teachings of Jesus Christ. We support healing and improved mental health for families and children of all backgrounds through professional counseling and psychiatric services.

OVER 8,000 CLIENTS SERVED ANNUALLY

It's time to break down the stigma around mental health.



PROGRAMS AND SERVICES

St. Louis Counseling, a non-profit agency, was originally established in 1955 by the St. Vincent de Paul Society with the goal of strengthening the family unit. Today, we continue this vision by providing the following programs and services:

OUT PATIENT COUNSELING

Children, Adolescents, Adults, Elderly Individuals, Couples, Marital, Family On-going therapy groups

SCHOOL PARTNERSHIP PROGRAM (SPP)

Clinicians provide services to students and teachers while embedded within schools. We also provide crisis counseling upon request.

EMPLOYEE ASSISTANCE PROGRAM (EAP)

Provides an opportunity for companies to create a path of overall wellness for employees by offering short-term mental health counseling, work/life management, and training at no cost to the employee.

PSYCHIATRY

Evaluation and medication management

COMMUNITY EDUCATION

Seminars and workshops on various topics including parenting (Love & Logic), anger management, assertiveness training, sexual abuse prevention, and others

TRAINING PROGRAM

We train a wide range of professionals and businesses on topics such as trauma informed care, conflict management, self care, etc.

EXPERTISE

All of our clinicians possess a Masters Degree with the majority having an LCSW or LPC licensure. Clinicians are trained in evidence based treatments and best practices with expertise including but not limited to:

DEPRESSION

ANXIETY

BI POLAR

ADHD

STRESS

EMPLOYEE ASSISTANCE

GRIEF / LOSS

SEXUAL ABUSE

DOMESTIC VIOLENCE

RELATIONSHIP COUNSELING

DIVORCE

PARENTING

CRISIS

TRAUMA

AND MORE

COSTS

Many private insurance companies and EAPs/ Grants cover the costs of counseling and mental health services. We are happy to process insurance claims for reimbursement. For those who qualify, services are offered on a sliding scale.

CONFIDENTIALITY

St. Louis Counseling respects and protects the privacy and dignity of those we serve. Unless required by law, your information will not be disclosed without your written consent.

REFERRALS

Referrals to other service providers are made when the need arises. We also welcome referrals from churches, schools, hospitals, case managers, employers, insurance companies, family members, friends, etc.

Our Services are offered without regard to religion, gender, age, race, national origin, ethnicity, creed, sexual orientation, or disability.



**SAINT LOUIS
COUNSELING**

IMPROVING LIVES SINCE 1955



ARCHDIOCESE OF ST. LOUIS



Catholic Charities
FEDERATED AGENCY



ANNUAL
CATHOLIC
APPEAL



United Way
of Greater St. Louis